



- Ahwatukee
- Anthem
- Arrowhead
- Biltmore
- Buckeye
- Civic Center
- Downtown Phoenix
- Frank Lloyd Wright
- Gilbert-Mesa
- Glendale
- Gold Canyon
- Grayhawk
- Litchfield Park
- Metro Center
- North Central Phoenix
- North Mesa
- OldTown Scottsdale
- Paradise Valley
- Peoria
- Queen Creek
- Red Mountain
- South Chandler
- South Gilbert
- Stetson Village
- Sun City
- Surprise
- Tatum
- Tempe
- Via Linda

# Physician Referral for Physical Therapy

Patient name: \_\_\_\_\_ DOB: \_\_\_\_\_

Patient phone #: \_\_\_\_\_ ICD-10 code: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Surgical procedures: \_\_\_\_\_

Patient insurance: \_\_\_\_\_ Insurance phone #: \_\_\_\_\_

### PHYSICAL THERAPY

- Evaluate and treat
- Modalities as indicated
- Joint and soft tissue mobilization
- Therapeutic exercise
- Home exercise program
- Other: \_\_\_\_\_
- Custom orthotics
- ASTYM

Frequency:  Daily       4X       3X       2X       1X  
 Duration:  2 weeks       3 weeks       4 weeks       5 weeks       6 weeks

### SPECIALTIES

- AlterG Treadmill
- Blood flow restriction (BFR)
- Cupping
- Functional capacity evaluation
- Hand therapy
- Gait and balance
- IASTM (Graston/ASTYM)
- Migraines
- Pelvic floor
- Shockwave therapy
- TMJ
- Trigger point dry needling (TDN)
- Vestibular
- Worker's compensation
- Work hardening

Notes: \_\_\_\_\_  
 \_\_\_\_\_

Physician follow-up date: \_\_\_\_\_ Physician phone #: \_\_\_\_\_

Physician name printed: \_\_\_\_\_

Physician signature: \_\_\_\_\_ Date: \_\_\_\_\_

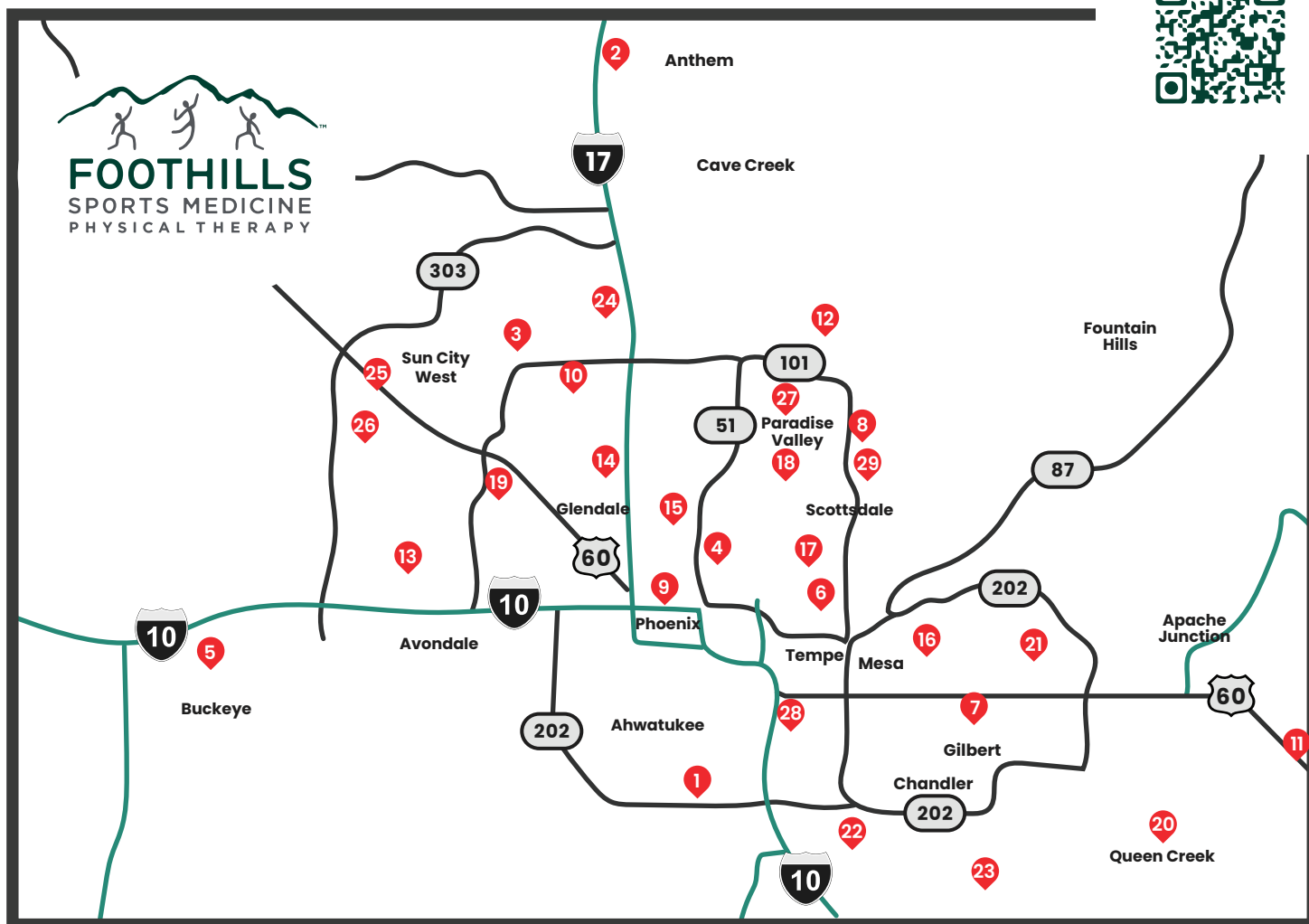
## Foothills is contracted with more than 1,500 insurance plans.

We accept all major insurance carriers and participate with many local provider networks.  
 Contact us and we will verify insurance for you.

# Find a location

Hands-on physical therapy that gets results!

Find the nearest  
Foothills location



## 1. AHWATUKEE

15410 S. Mountain Pkwy, Suite 112  
Phoenix, AZ 85044  
P (480) 940-8299 F (480) 704-0888

## 2. ANTHEM

3655 W. Anthem Way, Suite A129  
Anthem, AZ 85086  
P (480) 847-7050 F (480) 847-7051

## 3. ARROWHEAD

7707 W. Deer Valley Rd, Suite 100  
Peoria, AZ 85382  
P (623) 376-9100 F (623) 376-9141

## 4. BILTMORE

2141 E. Camelback Rd, Suite 100  
Phoenix, AZ 85016  
P (602) 595-6180 F (602) 595-7659

## 5. BUCKEYE

1300 S. Watson Road, Suite A104  
Buckeye, AZ 85326  
P (623) 432-8154 F (623) 432-8155

## 6. CIVIC CENTER

3225 N. Civic Center Plaza, Suite 10  
Scottsdale, AZ 85251  
P (480) 945-0030 F (480) 949-4574

## 7. DOWNTOWN PHOENIX

375 E. Virginia Ave, Suite B  
Phoenix, AZ 85004  
P (602) 264-0443 F (602) 264-9727

## 8. FRANK LLOYD WRIGHT

14140 N. 100th St  
Scottsdale, AZ 85260  
P (480) 746-4999 F (480) 955-2990

## 9. GILBERT - MESA

1702 S. Val Vista Dr, Suite 107  
Mesa, AZ 85204  
P (480) 505-8140 F (480) 505-8145

## 10. GLENDALE

19420 N. 59th Ave, Suite H-830  
Glendale, AZ 85308  
P (623) 302-9020 F (623) 249-4539

## 11. GOLD CANYON

6788 S. Kings Ranch Rd, Suite 4  
Gold Canyon, AZ 85118  
P (480) 982-1909 F (480) 982-3002

## 12. GRAYHAWK

21811 N. Scottsdale Rd, Suite 120  
Scottsdale, AZ 85255  
P (480) 513-6854 F (480) 513-6897

## 13. LITCHFIELD PARK

5100 N. Dysart Rd, Suite 148  
Litchfield Park, AZ 85340  
P (623) 547-4739 F (623) 536-2154

## 14. METRO CENTER

11225 N. 28th Dr, Suite F100  
Phoenix, AZ 85029  
P (602) 866-0066 F (602) 866-3868

## 15. N. CENTRAL PHOENIX

539 E. Glendale Ave, Suite 105  
Phoenix, AZ 85020  
P (602) 241-3145 F (602) 241-3146

## 16. NORTH MESA

2835 E. Brown Rd, Suite 101  
Mesa, AZ 85213  
P (480) 807-6644 F (480) 324-1881

## 17. OLD TOWN SCOTTSDALE

5410 N. Scottsdale Rd, Suite A 100  
Paradise Valley, 85253  
P (480) 609-0822 F (480) 609-0828

## 18. PARADISE VALLEY

11250 N. Tatum Blvd, Suite 101,  
Phoenix, AZ 85028  
P (602) 464-6189 F (602) 464-6199

## 19. PEORIA

9069 W. Olive Ave, Suite 105  
Peoria, AZ 85345  
P (623) 257-2709 F (623) 257-2706

## 20. QUEEN CREEK

22719 S. Ellsworth Rd Bldg C #101  
Queen Creek, AZ 85142  
P (480) 906-0900 F (480) 906-0899

## 21. RED MOUNTAIN

1066 N. Power Rd, Suite 104  
Mesa, AZ 85205  
P (480) 481-2244 F (480) 550-5575

## 22. SOUTH CHANDLER

3200 S. Alma School Rd, Suite 101  
Chandler, AZ 85248  
P (480) 782-7831 F (480) 782-7951

## 23. SOUTH GILBERT

3336 E. Chandler Hts. Rd, Bldg 5, #126  
Gilbert, AZ 85298  
P (480) 840-6125 F (480) 840-6122

## 24. STETSON VILLAGE

3850 W. Happy Valley Rd, Suite 147/149  
Glendale, AZ 85310  
P (623) 322-8925 F (623) 444-8336

## 25. SUN CITY WEST

13967 W. Grand Ave, Suite 100  
Surprise, AZ 85374  
P (623) 474-3952 F (623) 474-3953

## 26. SURPRISE

15543 N. Reems Rd, Suite 133  
Surprise, AZ 85374  
P (623) 975-5374 F (623) 214-9489

## 27. TATUM

4550 E. Bell Rd, Suite 270  
Phoenix, AZ 85032  
P (602) 923-6600 F (602) 923-6611

## 28. TEMPE

325 W. Elliot Rd, Suite 104  
Tempe, AZ 85284  
P (480) 756-8617 F (480) 820-9909

## 29. VIA LINDA

9332 N. 95th Way, Suite 105  
Scottsdale, AZ 85258  
P (480) 614-5878 F (480) 614-5860