

- Ahwatukee
- Anthem
- Arcadia
- Arrowhead
- Biltmore
- Buckeye
- Central Phoenix (Uptown)
- Civic Center
- Downtown Phoenix
- Frank Lloyd Wright
- Gilbert-Mesa
- Glendale
- Gold Canyon
- Grayhawk
- Litchfield Park
- Metro Center
- North Central Phoenix
- North Mesa
- Old Town Scottsdale
- Paradise Valley
- Peoria
- Queen Creek
- Red Mountain
- South Chandler
- South Gilbert
- Stetson Village
- Sun City
- Surprise
- Tatum
- Tempe
- Via Linda
- Waddell



# Physician Referral for Physical Therapy

Patient name: \_\_\_\_\_ DOB: \_\_\_\_\_

Patient phone #: \_\_\_\_\_ ICD-10 code: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Surgical procedures: \_\_\_\_\_

Patient insurance: \_\_\_\_\_ Insurance phone #: \_\_\_\_\_

### PHYSICAL THERAPY

- Evaluate and treat
- Modalities as indicated
- Joint and soft tissue mobilization
- Therapeutic exercise
- Home exercise program
- Other: \_\_\_\_\_
- Custom orthotics
- ASTYM

Frequency:  Daily       4X       3X       2X       1X  
 Duration:  2 weeks       3 weeks       4 weeks       5 weeks       6 weeks

### SPECIALTIES

- AlterG Treadmill
- Blood flow restriction (BFR)
- Cupping
- Functional capacity evaluation
- Hand therapy
- Gait and balance
- IASTM (Graston/ASTYM)
- Migraines
- Parkinson's
- Pelvic floor
- POTs/EDS
- Shockwave therapy
- Torticollis (Pediatric PT)
- TMJ
- Trigger point dry needling (TDN)
- Vestibular
- Worker's compensation
- Work hardening

Notes: \_\_\_\_\_  
 \_\_\_\_\_

Physician follow-up date: \_\_\_\_\_ Physician phone #: \_\_\_\_\_

Physician name printed: \_\_\_\_\_

Physician signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Foothills is contracted with more than 1,500 insurance plans.**

## Centralized Scheduling

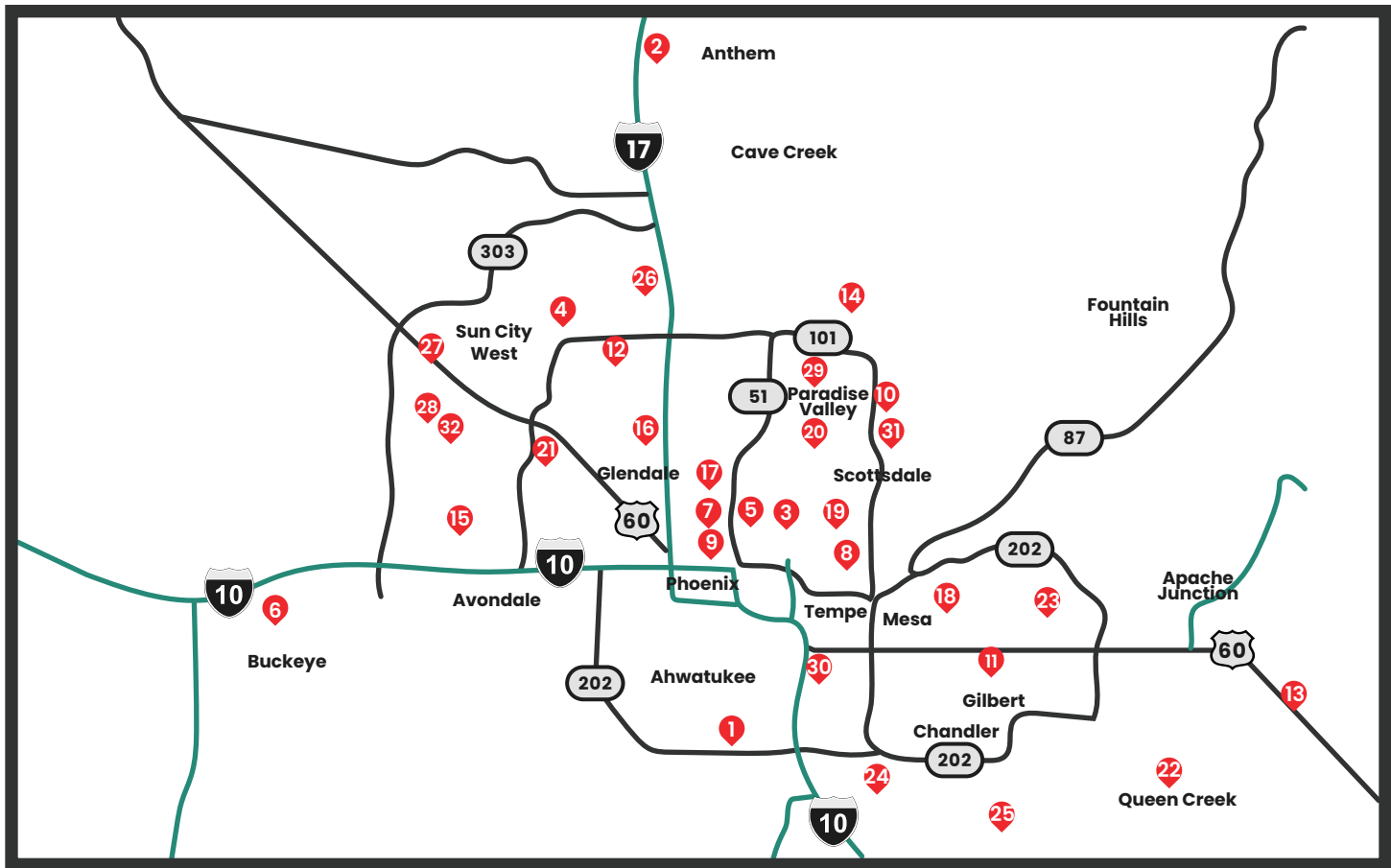
**P (480) 289-5502**

**F (480) 404-9134**

**foothillsrehab.com**

# Find a location

Hands-on physical therapy that gets results!



*\*formerly Camelback Sports Therapy*

## 1. AHWATUKEE

15410 S. Mountain Pkwy, Suite 112  
Phoenix, AZ 85044  
P (480) 940-8299 F (480) 704-0888

## 2. ANTHEM

3655 W. Anthem Way, Suite A129  
Anthem, AZ 85086  
P (480) 847-7050 F (480) 847-7051

## 3. \*ARCADIA

4800 N. 44th St, Phoenix, AZ 85018  
P (602) 808-8989 F (602) 808-9494

## 4. ARROWHEAD

7707 W. Deer Valley Rd, Suite 100  
Peoria, AZ 85382  
P (623) 376-9100 F (623) 376-9141

## 5. BILTMORE

2141 E. Camelback Rd, Suite 100  
Phoenix, AZ 85016  
P (602) 595-6180 F (602) 595-7659

## 6. BUCKEYE

1300 S. Watson Road, Suite A104  
Buckeye, AZ 85326  
P (623) 432-8154 F (623) 432-8155

## 7. \*CENTRAL PHOENIX (UPTOWN)

100 E Camelback Rd, Suite 120,  
Phoenix, AZ 85012  
P (602) 975-2999 F (602)975-3000

## 8. CIVIC CENTER

3225 N. Civic Center Plaza, Suite 10  
Scottsdale, AZ 85251  
P (480) 945-0030 F (480) 949-4574

## 9. DOWNTOWN PHOENIX

375 E. Virginia Ave, Suite B  
Phoenix, AZ 85004  
P (602) 264-0443 F (602) 264-9727

## 10. FRANK LLOYD WRIGHT

14140 N. 100th St  
Scottsdale, AZ 85260  
P (480) 746-4999 F (480) 955-2990

## 11. GILBERT - MESA

1702 S. Val Vista Dr, Suite 107  
Mesa, AZ 85204  
P (480) 505-8140 F (480) 505-8145

## 12. GLENDALE

19420 N. 59th Ave, Suite H-830  
Glendale, AZ 85308  
P (623) 302-9020 F (623) 249-4539

## 13. GOLD CANYON

6788 S Kings Ranch Rd Suite 4,  
Gold Canyon, AZ 85118  
P (480) 982-1909 F (480) 982-3002

## 14. GRAYHAWK

21811 N. Scottsdale Rd, Suite 120  
Scottsdale, AZ 85255  
P (480) 513-6854 F (480) 513-6897

## 15. LITCHFIELD PARK

5100 N. Dysart Rd, Suite 148  
Litchfield Park, AZ 85340  
P (623) 547-4739 F (623) 536-2154

## 16. METRO CENTER

11225 N. 28th Dr, Suite F100  
Phoenix, AZ 85029  
P (602) 866-0066 F (602) 866-3868

## 17. NORTH CENTRAL PHOENIX

539 E. Glendale Ave, Suite 105  
Phoenix, AZ 85020  
P (602) 241-3145 F (602) 241-3146

## 18. NORTH MESA

2835 E. Brown Rd, Suite 101  
Mesa, AZ 85213  
P (480) 807-6644 F (480) 324-1881

## 19. OLD TOWN SCOTTSDALE

5410 N. Scottsdale Rd, Suite A 100  
Paradise Valley, 85253  
P (480) 609-0822 F (480) 609-0828

## 20. PARADISE VALLEY

11250 N. Tatum Blvd, Suite 101,  
Phoenix, AZ 85028  
P (602) 464-6189 F (602) 464-6199

## 21. PEORIA

9069 W. Olive Ave, Suite 105  
Peoria, AZ 85345  
P (623) 257-2709 F (623) 257-2706

## 22. QUEEN CREEK

22719 S. Ellsworth Rd Bldg C #101  
Queen Creek, AZ 85142  
P (480) 906-0900 F (480) 906-0899

## 23. RED MOUNTAIN

1066 N. Power Rd, Suite 104  
Mesa, AZ 85205  
P (480) 481-2244 F (480) 550-5575

## 24. SOUTH CHANDLER

3200 S. Alma School Rd, Suite 101  
Chandler, AZ 85248  
P (480) 782-7831 F (480) 782-7951

## 25. SOUTH GILBERT

3336 E. Chandler Hts. Rd, Bldg 5, #126  
Gilbert, AZ 85298  
P (480) 840-6125 F (480) 840-6122

## 26. STETSON VILLAGE

3850 W. Happy Valley Rd, Suite 147/149  
Glendale, AZ 85310  
P (623) 322-8925 F (623) 444-8336

## 27. SUN CITY WEST

13967 W. Grand Ave, Suite 100  
Surprise, AZ 85374  
P (623) 474-3952 F (623) 474-3953

## 28. SURPRISE

15543 N. Reems Rd, Suite 133  
Surprise, AZ 85374  
P (623) 975-5374 F (623) 214-9489

## 29. TATUM

4550 E. Bell Rd, Suite 270  
Phoenix, AZ 85032  
P (602) 923-6600 F (602) 923-6611

## 30. TEMPE

325 W. Elliot Rd, Suite 104  
Tempe, AZ 85284  
P (480) 756-8617 F (480) 820-9909

## 31. VIA LINDA

9332 N. 95th Way, Suite 105  
Scottsdale, AZ 85258  
P (480) 614-5878 F (480) 614-5860

## 32. WADDELL (OPENS IN MARCH)

13794 W Waddell Rd #204-205,  
Surprise, AZ 85379  
P (623) 224-2161 F (623) 224-2162

Find the nearest  
Foothills location

