☐ Ahwatukee ☐ Anthem ☐ Arcadia ☐ Arrowhead ☐ Biltmore
☐ Buckeye ☐ Cave Creek ☐ Central Phoenix (Uptown) ☐ Civic Center
☐ Downtown Phoenix ☐ Frank Lloyd Wright ☐ Gilbert - Mesa ☐ Gilbert - Rodeo
☐ Glendale ☐ Gold Canyon ☐ Grayhawk ☐ Litchfield Park
☐ Metro Center ☐ North Central Phoenix ☐ North Mesa ☐ Old Town Scottsdale
☐ Paradise Valley ☐ Peoria ☐ Queen Creek ☐ Red Mountain
☐ South Chandler ☐ South Gilbert ☐ Stetson Village ☐ Sun City
☐ Surprise ☐ Tatum ☐ Tempe ☐ Waddell

FOOTHILLS SPORTS MEDICINE PHYSICAL THERAPY

Physician Referral for Physical Therapy

Patient Name: _____ DOB: _____
Patient Phone #: _____ ICD-10 Code: _____
Diagnosis: _____
Surgical Procedures: _____
Patient Insurance: _____ Insurance Phone #: _____

PHYSICAL THERAPY

☐ Evaluate and Treat
☐ Modalities as Indicated
☐ Joint and Soft Tissue Mobilization
☐ Therapeutic Exercise
☐ Home Exercise Program
☐ Other: _____
☐ Custom Orthotics
☐ ASTYM

Frequency: ☐ Daily ☐ 4X ☐ 3X ☐ 2X ☐ 1X
Duration: ☐ 2 Weeks ☐ 3 Weeks ☐ 4 Weeks ☐ 5 Weeks ☐ 6 Weeks

SPECIALTIES

☐ AlterG Treadmill
☐ Blood Flow Restriction (BFR)
☐ Cupping
☐ Functional Capacity Evaluation
☐ Hand Therapy
☐ IASTM (Graston/ASTYM)
☐ Migraines
☐ Parkinson's
☐ Pelvic Floor
☐ POTs/EDs
☐ Shockwave Therapy
☐ Torticollis (Pediatric PT)
☐ TMJ
☐ Trigger Point Dry Needling (TDN)
☐ Vestibular
☐ Worker's Compensation
☐ Work Hardening

Notes: _____

Physician Follow-Up Date: _____ Physician Phone #: _____
Physician Name Printed: _____
Physician Signature: _____ Date: _____

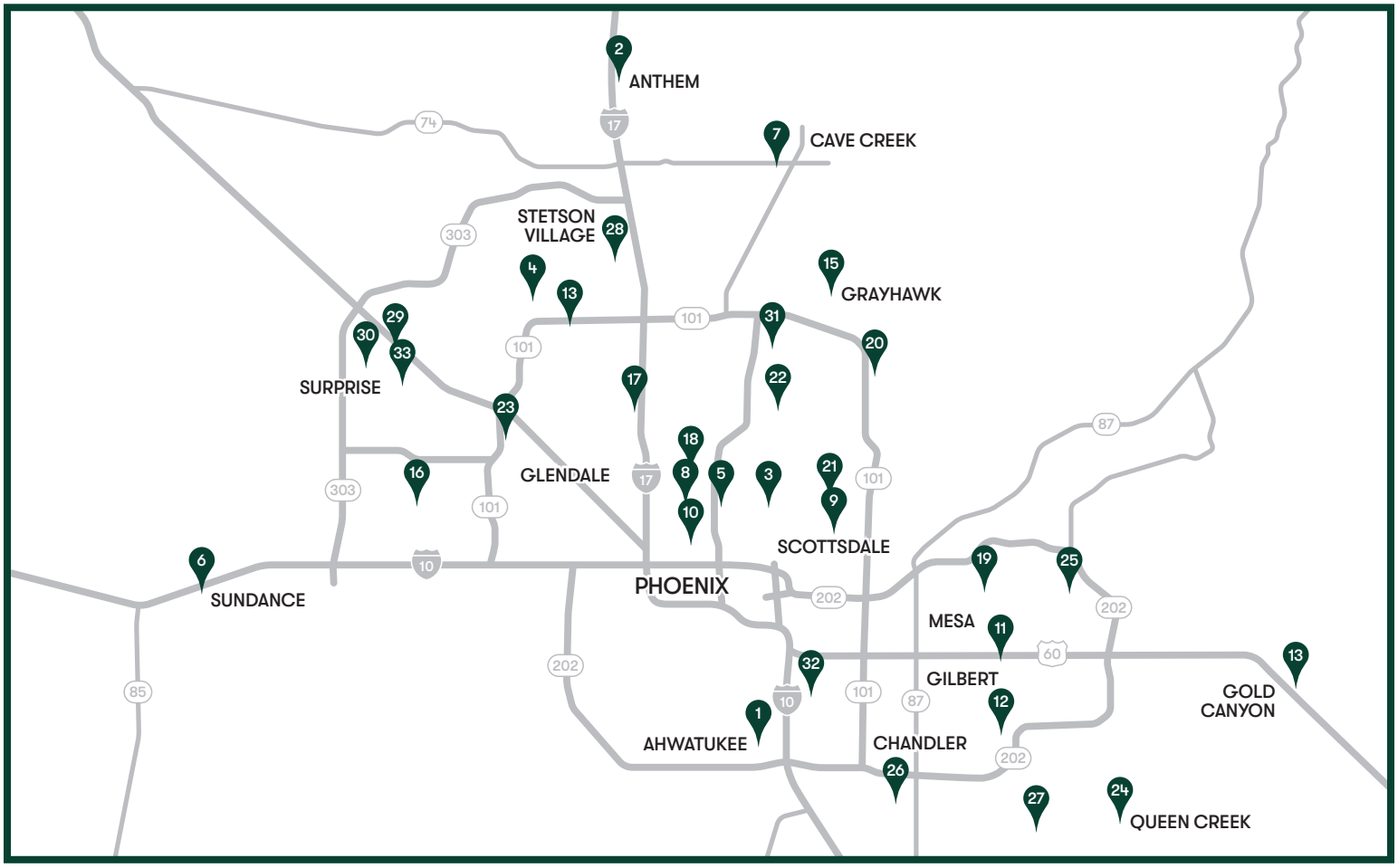
Foothills is contracted with more than 1,500 insurance plans.

See Back for Clinic Contact Information

Centralized Scheduling P (480) 289-5502 F (480) 404-9134 foothillsrehab.com

Find a Location

Hands-on physical therapy that gets results!



**Formerly Camelback Sports Therapy*

1. AHWATUKEE
15410 S. Mountain Pkwy., Ste. 112
Phoenix, AZ 85044
P (480) 940-8299 F (480) 704-0888

2. ANTHEM
3655 W. Anthem Way, Ste. A-129
Anthem, AZ 85086
P (480) 847-7050 F (480) 847-7051

3. ARCADIA*
4800 N. 44th St.
Phoenix, AZ 85018
P (602) 808-8989 F (602) 808-9494

4. ARROWHEAD
7707 W. Deer Valley Rd., Ste. 100
Peoria, AZ 85382
P (623) 376-9100 F (623) 376-9141

5. BILTMORE
2141 E. Camelback Rd., Ste. 100
Phoenix, AZ 85016
P (602) 595-6180 F (602) 595-7659

6. BUCKEYE
1300 S. Watson Rd., Ste. A-104
Buckeye, AZ 85326
P (623) 432-8154 F (623) 432-8155

7. CAVE CREEK
4705 E. Carefree Hwy., Ste. 130
Cave Creek, AZ 85331
P (480) 463-7830 F (480) 463-7831

8. CENTRAL PHOENIX (UPTOWN)*
100 E. Camelback Rd., Ste. 120
Phoenix, AZ 85012
P (602) 975-2999 F (602) 975-3000

9. CIVIC CENTER
3225 N. Civic Center Plaza, Ste. 10
Scottsdale, AZ 85251
P (480) 945-0030 F (480) 949-4574

10. DOWNTOWN PHOENIX
375 E. Virginia Ave., Ste. B
Phoenix, AZ 85004
P (602) 264-0443 F (602) 264-9727

11. GILBERT - MESA
1702 S. Val Vista Dr., Ste. 107
Mesa, AZ 85204
P (480) 505-8140 F (480) 505-8145

12. GILBERT - RODEO
1661 S. Val Vista Dr., Ste. 110
Gilbert, AZ 85296
P (480) 684-3847 F (480) 684-3848

13. GLENDALE
19420 N. 59th Ave., Ste. H-830
Glendale, AZ 85308
P (623) 302-9020 F (623) 249-4539

14. GOLD CANYON
6788 S. Kings Ranch Rd., Ste. 4
Gold Canyon, AZ 85118
P (480) 982-1909 F (480) 982-3002

15. GRAYHAWK
21811 N. Scottsdale Rd., Ste. 120
Scottsdale, AZ 85255
P (480) 513-6854 F (480) 513-6897

16. LITCHFIELD PARK
5100 N. Dysart Rd., Ste. 148
Litchfield Park, AZ 85340
P (623) 547-4739 F (623) 536-2154

17. METRO CENTER
11225 N. 28th Dr., Ste. F-100
Phoenix, AZ 85029
P (602) 866-0066 F (602) 866-3868

18. NORTH CENTRAL PHOENIX
539 E. Glendale Ave., Ste. 105
Phoenix, AZ 85020
P (602) 241-3145 F (602) 241-3146

19. NORTH MESA
2835 E. Brown Rd., Ste. 101
Mesa, AZ 85213
P (480) 807-6644 F (480) 324-1881

20. NORTHEAST SCOTTSDALE
9316 East Raintree Dr., Ste. 100, Bldg. E
Scottsdale, AZ 85260
P (480) 746-4999 F (480) 955-2990

21. OLD TOWN SCOTTSDALE
5410 N. Scottsdale Rd., Ste. A-100
Paradise Valley, AZ 85253
P (480) 609-0822 F (480) 609-0828

22. PARADISE VALLEY
11250 N. Tatum Blvd., Ste. 101
Phoenix, AZ 85028
P (602) 464-6189 F (602) 464-6199

23. PEORIA
9069 W. Olive Ave., Ste. 105
Peoria, AZ 85345
P (623) 257-2709 F (623) 257-2706

24. QUEEN CREEK
22719 S. Ellsworth Rd., Bldg. C, Ste. 101
Queen Creek, AZ 85142
P (480) 906-0900 F (480) 906-0899

25. RED MOUNTAIN
1066 N. Power Rd., Ste. 104
Mesa, AZ 85205
P (480) 481-2244 F (480) 550-5575

26. SOUTH CHANDLER
3200 S. Alma School Rd., Ste. 101
Chandler, AZ 85248
P (480) 782-7831 F (480) 782-7951

27. SOUTH GILBERT
3336 E. Chandler Heights Rd., Ste. 126
Gilbert, AZ 85298
P (480) 840-6125 F (480) 840-6122

28. STETSON VILLAGE
3850 W. Happy Valley Rd., Ste. 147/149
Glendale, AZ 85310
P (623) 322-8925 F (623) 444-8336

29. SUN CITY WEST
13967 W. Grand Ave., Ste. 100
Surprise, AZ 85374
P (623) 474-3952 F (623) 474-3953

30. SURPRISE
15543 N. Reems Rd., Ste. 33
Surprise, AZ 85374
P (623) 975-5374 F (623) 214-9489

31. TATUM
4550 E. Bell Rd., Ste. 270
Phoenix, AZ 85032
P (602) 923-6600 F (602) 923-6611

32. TEMPE
325 W. Elliot Rd., Ste. 104
Tempe, AZ 85284
P (480) 756-8617 F (480) 820-9909

33. WADDELL
13794 W. Waddell Rd., Ste. 204-205
Surprise, AZ 85379
P (623) 224-2161 F (623) 224-2162

Find the nearest Foothills location